



With the Tide



Friends of Lynn & Nahant Beach

www.lynn-nahantbeach.org

Volume 4, Issue 1

2009 Another Successful Year For The Friends

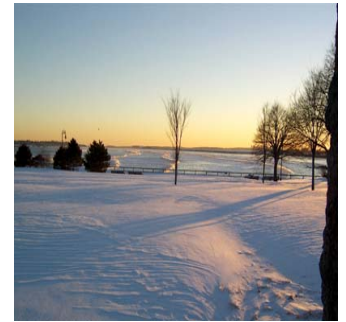
This past year was a great one for the Friends, and one that foreshadows even more success in 2010!

In April, we partnered with DCR and participated in Park Serve Day. Several dozen Friends members, DCR staff, and other volunteers planted \$4,000 worth of perennial plants in the flower beds in the Nahant Rotary and re-painted the Civil War cannon. Also in April, DCR Commissioner Rick Sullivan attended our members meeting to discuss the upcoming beach season. In May, we held the first of our two successful fundraisers at the Tides Restaurant in Nahant. We sponsored a beach clean-up in June, right before the start of our 14th annual summer concert series.

The concert series was supported by two large grants from the Massachusetts Cultural Council and Save the Harbor/Save the Bay and the Boston Foundation. We had large turnouts at each of our concerts, and a number of Friends brought food to sell at our concession stand and/or manned the stand during the concerts. In July, we began displaying the anti-litter ads that were developed through a project with the Boston University AdLab. Local artist, Pamela Lee Learned painted the Iron Ranger at Red Rock Park based on a Lydia Pinkham bottle design.

In August, we held a fundraiser at Uno Chicago Grill in Swampscott. In September, the Friends participated in the Meet Me Downtown Festival. In October, we held our second Tides Fundraiser and DCR Commissioner Rick Sullivan attended our members meeting to hear our thoughts on DCR's performance during the summer season. This was the second Friends members meeting the Commissioner attended in 2009. We opened accounts on Facebook and on Twitter (FOLNB). And, at the end of 2009, our membership passed 200 for the first time!

Our continued work on behalf of the Lynn Shores and Nahant Beach reservations is demonstrating noticeable improvements. Turn to page 2 to read about the impending renovation of the James J. Ward Bathhouse and page 3 to read about the upcoming Nahant Causeway renovation.



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James J. Ward Memorial Bathhouse Renovation

The Friends have long advocated the renovation of the James J. Ward Bathhouse located at the entrance of the Nahant Causeway in Nahant. Over the years, the Bathhouse has fallen into disrepair and had to be closed to the public. During the past year, the Friends have been meeting with the DCR to lobby for the re-opening and renovation of the Bathhouse.

DCR Commissioner Richard Sullivan and North Region Coastal Director Nick Gove were able to allocate \$600,000 that enabled DCR to begin renovation to the main building of the Ward Bathhouse. The main building will be completely renovated during Phase I scheduled to be completed by June 2010. The two annex buildings will remain closed and will be part of a future Phase II renovation. DCR will meet with the Friends and other stakeholders to formulate the specifications for Phase II.

Renovations will include a new roof on the main building along with new plumbing and electrical upgrades throughout the building, including a new HVAC system. New floors, windows, and doors will also be installed, and the interior will be painted. Environmental work involving the removal of mold and paint is currently ongoing.

Plans call for a community room, new offices and a central lobby with information on Lynn and Nahant beaches, environmental information relevant to the reservation, and information on the roles of DCR and the Friends of Lynn and Nahant Beach.

In support of these efforts, the Friends have applied for a state matching grant that would provide funding for new plantings around the bathhouse, new picnic tables on the Bathhouse patio, and new sand for the adjacent playground. We will know soon if we will be awarded the grant.

The public will be invited to the grand re-opening ceremony of the Bathhouse. Once again, the Friends want to commend DCR Commissioner Sullivan for his commitment to this project and the ongoing positive partnership between DCR and Friends of Lynn and Nahant Beach.

James Joseph Ward

The Bathhouse at the Nahant Rotary is officially named the James J. Ward Memorial Bathhouse. James (his family and friends called him Joe) was a life-long Nahant resident who after serving in World War II became a Nahant police officer. He left the Nahant Police Department to work for the Metropolitan District Commission (MDC) Police. He became the youngest captain within the MDC Middlesex Fells Division, which oversaw maintenance and safety at a zoo, two ice skating rinks, three swimming pools, and the various state parks with the Division. He was promoted to Deputy Superintendent, a position he held for a few years, before passing away at the age of 49 from a heart attack. By then he had been married to his wife Rita for 26 years and had six children. James was instrumental in the formation of the Nahant Little League, and served on several committees in Nahant. He was well liked and respected, and when the new bathhouse was constructed in the mid-1960s, it was dedicated as the James J. Ward Memorial Bathhouse in his honor.



WITH THE TIDE NEWSLETTER

Please let us know what you think of the newsletter. Also, would you like to receive future issues via email? Please send comments to Michael at michaelcelona@yahoo.com or 978 835 7724.

Nahant Causeway Reconstruction by Polly Bradley

DCR Commissioner Rick Sullivan, Rep. Steven Walsh and Sen. Tom McGee addressed the Nahant Selectmen's Meeting on Thursday, January 7, 2010 to discuss progress on the Nahant Causeway Reconstruction project. This \$20 million, three year project is about to begin, with the following timeline:

January 13: Bid Documents issued

January 25: Bidders' Conferences – detailed plans available to be picked up

February 17: Construction bids due

Early-April: Notice to Proceed.

Base project lighting will be the standard National Grid street light fixtures, with an option for historic lighting fixtures. The wind power proposal is not a part of this proposal. Wind turbine options will be considered later, but they will not be allowed to delay the base Causeway Reconstruction project. During construction, the causeway road will be open and the parking lot will be available all summer. Thanks to the DCR and to our elected officials for bringing the causeway reconstruction project to fruition.

Penguin Plunge Fundraiser by T.J. Cullinane

Terrence Cullinane, organizer of the Annual New Year's Day Penguin Plunge on King's Beach in Lynn, recently decided to turn his event into a fund raiser for the Friends of Lynn and Nahant Beach.

Mr. Cullinane, who has led a growing band of hearty followers on the annual plunge for the past seven years, made his decision based on the success similar organizations have had in raising money for worthy causes.

An avid Striped Bass fisherman who grew up in the Diamond District, Mr. Cullinane said he could think of no other organization more deserving of his support than the Friends.

Mr. Cullinane said, "The Friends Summer Concert series is quickly becoming a beloved tradition in Greater Lynn. This effort and the Friends' work in keeping the beaches clean is definitely worthy of our support." Mr. Cullinane raised \$95 through his efforts.

With the Tide will publish the details of next year's Penguin Plunge for any friends who might be willing to join Terrence and the Penguins next year.



Photo © Daily Evening Item

Upcoming Tides Fundraiser

On Thursday, May 6th, the Friends will hold their Spring fundraiser at the Tides Restaurant in Nahant. Please come and enjoy a delicious dinner. Thanks to the Tides for continuing to provide a service to non-profit groups in the area. A portion of all dine-in and take-out sales between 6-9PM go to support the Friends. In addition, this year the Friends will be sponsoring a 50-50 raffle.



Spring Calendar

Events

Tuesday, February 9– Northeastern Marine Science Center Lecture: Some Recent Shipwreck Investigations in Northern Massachusetts Bay. 7PM. Victor Mastone, Director and Chief Archaeologist of the MA Board of Underwater Archaeological Resources, will be speaking about 13 recently discovered shipwrecks off of the North Shore. Meet at the Center, which is located at 430 Nahant Road. Refreshments will be provided.

Tuesday, March 23– Northeastern Marine Science Center Lecture: Pharmaceutical and Personal Care Products: Impacts on Estuarine/Marine Environments and Human Health. 7PM. Dr. Nicholas Anastas will be speaking about this emerging issue. [Editor's note: I have seen Dr. Anastas speak before and he is very engaging.]. Meet at the Center, which is located at 430 Nahant Road. Refreshments will be provided.

Thursday, April 22– Tidal Pools Exploration at Red Rock Park. 11-12. A DCR Ranger will be leading an exploration of the tidal pools at Red Rock Park. Suitable for children ages 5 to 11 with adult chaperones. Meet at Red Rock Park on Lynn Shore Drive. For more information, please contact DCR Visitor Services Supervisor, Matthew Nash by email at Matthew.Nash@state.ma.us, or by phone at 781-485-2804, ext. 105.

Thursday, May 6– Spring Fundraiser at the Tides Restaurant. 6-9PM A portion of all dine-in and take-out sales go to support the Friends. There will also be a 50-50 raffle.

DCR Coastal Awareness Environmental Education Program

For Schools and Non-Profit Groups

Beach Discovery (1 hour in duration)

May and June, Tuesday, Wednesday and Thursday by appointment

Suitable for children grades K through 5

Children will explore life along the beach and learn ways to help keep the area beautiful and safe for wildlife and people.

Shore Bird Discovery (1 hour in duration)

May and June, Tuesday through Friday, by appointment

Suitable for children grades K through 5

Children will learn about the different kinds of birds that visit our beaches and how the DCR protects rare shore birds.

All programs are free of charge. Meet at your choice of Revere or Nahant Beach

Programs follow aspects of the Massachusetts Science, Technology and Engineering Framework, Life Sciences (Biology) for grades K-5.

DCR can accommodate groups of 27 or less, and require 1 chaperone per 6 students.

For info and registration, contact DCR Visitor Services Supervisor, Matthew Nash by email at

Matthew.Nash@state.ma.us, or by phone at 781-485-2804, ext. 105.

Go On A Whale Watch!



The flukes of a deep diving humpback whale are seen in this photo taken about 15 miles off of Newburyport by my eleven year-old daughter Sarah Cullinane last summer.

Dear Friends, if you haven't treated yourself to a whale watch yet, what are you waiting for? Excursions leave from Boston, Gloucester, and Newburyport from April through October. Your journey will take you to Stellwagen Bank, a prime whale watching spot about 15 miles off our coast. On our family trip this past August, we were treated to the breathtaking and majestic sights of minke, humpback, and finback whales as well as frolicking Atlantic white-sided dolphins, and a host of seldom seen seabirds including petrels, shearwaters, and gannets. Pack a lunch and bring binoculars, camera, sunscreen and warm clothes. Then climb aboard and be prepared for "Discovery Channel" moments right here in our backyard!



A fast moving finback whale.



A speedy Atlantic white-sided dolphin.

East Lynn Community Association Resource Fair

On Wednesday, January 6, the Friends participated in a Community Resource Fair at the Temple Ahabat Sholom on Ocean Street. The Fair was sponsored by the East Lynn Community Association and enabled residents of Lynn to meet individuals from the various non-profit and community groups and ask about services, programs, and other events. Several Friends members attended the fair, including Jane Cahill, Michael Celona, Anne Goldstein, Becky Suci, and Jerry and Sandy Caron. We met some current members and some future members!



Membership Renewal

The Friends rely on the generous support of its members for the financial support of the organization. Our membership continues to grow as the Friends become more involved with other community groups, and we continue to be vocal advocates for Lynn and Nahant Beaches.

Membership dues help pay for the Summer Concert Series, publication and printing of the newsletter, Friends T-shirts, sweatshirts and hats, stationery, envelopes, postage, refreshments for volunteers at the beach clean-ups, and the Friends contribution towards matching grants for special projects.

We want to thank all members who have renewed their 2010 membership, and welcome all of those who joined in 2009. The Friends need your continued financial and volunteer support to make our organization better and stronger. Below is a membership renewal form for 2010 for those who have not renewed. Thank you for your continued support of the Friends of Lynn and Nahant Beach.

Membership in the Friends of Lynn & Nahant Beach

_____ Yes, I would like to join or renew my membership in the Friends of Lynn & Nahant Beach.

Name: _____

Membership entitles you to:

- An invitation to exclusive programs and special events
- Periodic updates on our progress and the condition of the Beaches
- The satisfaction of knowing that you are acting locally to impact the environment in a positive way.

Address: _____

Telephone: _____

Email: _____

Membership

___ Student/Senior: \$15

___ Individual: \$25

___ Family: \$50

___ Corporate: \$100

___ Sponsor: \$200

Mail To:

Membership

Friends of Lynn & Nahant Beach

P.O. Box 2264

Lynn, MA 01903

I am already a member. Please accept my gift of \$_____.