



With the Tide



Friends of Lynn & Nahant Beach

Volume 4, Issue 2

Friends Achieve Major Accomplishments

If the first half of the year is any indication, this will be the most successful year for the Friends of Lynn & Nahant Beach.

During the last several months, the Friends have seen two of their major initiatives come to fruition: the renovation and re-opening of the Ward Bathhouse and the repainting of the seawall handrailing along Lynn Beach. The Ward Bathhouse has been closed for some time and had fallen into disrepair. The Friends lobbied DCR to allocate money in their capital budget to renovate the building. DCR Commissioner Rick Sullivan was able to allocate \$628,000 in this difficult economic climate for the renovation, with work beginning in late 2009.



On June 7th, DCR held a Grand Re-Opening Ceremony at the Bathhouse. Speakers included Governor Deval Patrick, Energy and Environmental Affairs Secretary Ian Bowles, DCR Commissioner Rick Sullivan, Representatives Lori Ehrlich, Bob Fennell, Mark Falzone, and Steve Walsh, Senator Tom McGee, and Friends President Bob Tucker. Other dignitaries in attendance included members of the Ward Family. In his remarks, the DCR Commissioner lauded the Friends as a model organization, and one he is trying to replicate at many other DCR facilities across the Commonwealth. President Tucker thanked all the elected officials and the DCR staff, including Steve Cyr, Beach Manager, and Dennis Kelly, whose pride in their work you can see each day. The park and beaches wouldn't be clean without the help of the DCR Lynn-Nahant staff.



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Friends Achieve Major Accomplishments (continued)

The repainting of the seawall handrailing along Lynn Beach has also been a top priority of the Friends. The paint has been fading and peeling for several years. When Lynn Shore Reservation was refurbished over a decade ago, an incorrect type of paint was used— paint that wasn't meant to survive in a marine environment. In addition, the paint was found to contain lead. The Friends lobbied DCR to remove the existing paint and replace it with something safe and durable. That work was begun in early June and should be finished by July.

Another major accomplishment for residents of Lynn and Nahant, and their elected officials, is the groundbreaking for the Nahant Causeway Project. Over a decade ago, when Senator Tom McGee was the State Representative for Nahant and West Lynn and former Lynn Mayor Clancy was the State Senator, they got the project included in the state's capital improvement plan. Plans were developed but it took the Patrick administration and our state delegation to allocate the \$20 million for the project.



DCR Commissioner Sullivan

Friends Receive Grant from Save the Harbor/Save the Bay

On Saturday, June 12, the Friends were awarded a grant from the Save the Harbor/Save the Bay (SHSB) and the Boston Foundation to support the Friends Red Rock Park Summer Concert Series. The \$3,750 grant was one of the largest awarded by SHSB and is a confirmation of the success of the Friends and of the Summer Concert Series. Friends President Bob Tucker and Board Member Jane Cahill were in attendance to receive the award, which was also detailed in a front page story in the Lynn Daily Evening Item.

"I want to thank Bruce Berman and Patti Foley from SHSB for their organizations' generous grant that allows the Friends to continue providing free summer concerts at Red Rock Park for the general public. SHSB has been a strong partner in assisting beach Friends organizations in developing beach programs." Friends President Bob Tucker

This may be the last year that SHSB will be issuing grants so they are meeting with various Friends organizations to brainstorm about ideas for enhanced fundraising and marketing options. The Friends are working on several of the fundraising recommendations provided by SHSB.



Samantha Overton (DCR), Patty Foley (SHSB), Bob Tucker (Friends), and Jane Cahill (Friends)

Friends Help Refurbish Water Fountains

Two new water fountains have been installed along Lynn Shore Drive (at Woodbury Point and Red Rock Park). The old fountains have been broken for some time. The Friends provided funding for the new fountains, which also have a bowl at their base for dogs to drink from.

Summer Concert Series Schedule

Saturday, July 3– Lois Lane & The Daily Planets, followed by fireworks Concert from 7-9PM.
Fireworks at 9PM.

Thursday, July 8– The Classmates.

Thursday, July 15– White Lightnin’.

Thursday, July 22– Brian Maes Band.

Saturday, July 24– Toe Jam Puppet Band (Kid’s Concert). Kid’s Activities 1-2PM. Concert from 2-3PM.

Thursday, July 29– Curragh’s Fancy.

Thursday, August 5– Shuffle Mode.

Thursday, August 12– 12:01 Blue Band.

Thursday, August 19– Mary Beth Maes. Preceding concert is a Dog Parade and Pageant from 4:45 to 6PM.

Concerts are from 6-8PM unless otherwise noted. Light refreshments available for purchase. For concert information and updates, call 781-346-9123

THANK YOU TO OUR SUMMER CONCERT SPONSORS!

Mayor Judith Kennedy

Lynn City Council

Lynn Daily Item

Tides Restaurant and Pub

MA DCR

The Lynn Journal

Save the Harbor/Save the Bay

The Boston Foundation

Christopher’s Cafe

Lynn Economic Development Industrial Corporation

Two New Events This Summer

Based on the number of families coming to our Thursday night concerts, the Friends have added a children’s concert and activity day this summer. On Saturday, July 24, from 1-2PM, the Friends will have a face painter, balloon artist, a traveling aquarium from Northeastern University’s Marine Science Center, and tables featuring Nahant SWIM, the Lynn Daily Item, and the Lynn Fire Department. From 2-3PM, the popular children’s band The Toe Jam Puppet Band will be playing. Please spread the word!

On Thursday, August 19th, before our final concert featuring Mary Beth Maes, we are teaming with the Lynn Daily Item to sponsor a Dog Pageant and Parade at Red Rock Park. The festivities start at 4:45, with registration. There will be \$50 gift certificate prizes for each winner in five different categories and one grand prize worth \$300. Go to www.dogdaysparade.com for more information.

Friends Receive Matching Grant from DCR

In early Spring, DCR approached the Friends and inquired if we wanted to apply for a 2:1 matching grant from DCR. DCR wanted to do some maintenance work at the tot lot next to the Ward Bathhouse, replace the shrubs surrounding the Bathhouse with flowering perennials, and install three sitting benches on the Bathhouse patio. The Friends applied for a \$9,000 matching grant, with \$3,000 contributed by the Friends and DCR contributing \$6,000. DCR approved the Friends grant application.

On Saturday, April 25th, as part of DCR's Park Serve Day, about 25 members of the Friends, DCR staff, and other volunteers spent several hours cleaning the tot lot and placing tons of new, clean sand over the existing sand. The shrubs surrounding the Bathhouse were not removed on Park Serve Day, but DCR planted them a few weeks later. The benches have been ordered and will be installed in July.



Tides Fundraiser A Big Success- Fall Fundraiser Scheduled

The May Fundraiser at the Tides Restaurant and Pub was very successful. For the first time, we held a 50/50 raffle. Board member Anne Goldstein did a wonderful job selling 230 tickets. Overall, between the portion of the restaurant sales and the raffle, the Friends raised \$530. Thank you to those who came out to support the Friends and to the Tides for supporting local nonprofits. Our Fall fundraiser is scheduled for Monday, October 4th. Mark your calendar!



DCR Coastal Discovery Hour

On Tuesday, August 10th, at 10AM join DCR staff for an hour of fun activities related to nature, the environment, or local folklore. Meet at Red Rock Park. For more information, contact Matthew Nash at Matthew.Nash@state.ma.us or (781) 485-2804 x105.



WITH THE TIDE NEWSLETTER

Please let us know what you think of the newsletter. Also, would you like to receive future issues via email? Please send comments to Michael at michaelcelona@yahoo.com or 978 835 7724.

The Pelican's Foot – The “Holy Grail” of Nahant Beach Shell Collectors



One of the rarest and most eye-catching shells in our area is the Pelican's Foot, *Aporrhais occidentalis*, Beck 1836. I've yet to find a complete specimen on a North Shore Beach. The closest I've come is the white partial specimen shown above. It came ashore after the Blizzard of '78. The complete specimen shown with it was trawled by a scallop dragger off the southwest shore of Nova Scotia in 2001 at a depth of 180 feet. Little is known about this deep water species, but a study undertaken by the University of New Hampshire in 1978 revealed that the snails burrow into the mud from August through January. They emerge from their burrows to feed on plankton and detritus from February to July before burying themselves again.

Corrections – Friends, on the current edition of our Shell Guide, there are two errors present. Under the entry for the Dogwinkle, the guide states that the shells coloration depends on the food they eat. This is true, but Dogwinkles don't graze on the algae living on barnacles and mussels, they eat the the barnacles and mussels! As you would expect, the white Dogwinkles probably fed on barnacles while the darker ones most likely fed on mussels. These darker types are more common further north, especially at Plum Island. In addition, the scientific name for the Atlantic Mud-piddock is *Zirfaea crispata* rather than *Barnrea truncata*.

Got a Nature Note to share? Contact T.J. Cullinane at tjandteresac@hotmail.com

Friends To Sell Tote Bags

The Friends have added tote bags to the items being sold during the summer concerts (and during the year on our website). The tote bags have a zipper, so they have other uses besides groceries. They will go on sale at the first summer concert for \$15. Please consider purchasing one for yourself and for a friend. All of the funds raised go to support our vital work.

New Summer Concert Hotline

The Friends have set up a hotline, where you can call to confirm a concert is taking place in case inclement weather is forecast. The number is (781) 346-9123.



Membership Renewal

The Friends rely on the generous support of its members for the financial support of the organization. Our membership continues to grow as the Friends become more involved with other community groups, and we continue to be vocal advocates for Lynn and Nahant Beaches.

Membership dues help pay for the Summer Concert Series, publication and printing of the newsletter, Friends T-shirts, sweatshirts and hats, stationery, envelopes, postage, refreshments for volunteers at the beach clean-ups and the Friends contribution towards matching grants for special projects.

We want to thank all members for renewing their 2010 membership and welcome all of our new members. The Friends need your continued financial and volunteer support so our organization can continue to be a strong advocate for our beaches.

Membership in the Friends of Lynn & Nahant Beach

_____ Yes, I would like to join or renew my membership in the Friends of Lynn & Nahant Beach.

Name: _____

Membership entitles you to:

- An invitation to exclusive programs and special events
- Periodic updates on our progress and the condition of the Beaches
- The satisfaction of knowing that you are acting locally to impact the environment in a positive way.

Address:

Telephone: _____

Email: _____

Membership

___ Student/Senior: \$15

___ Individual: \$25

___ Family: \$50

___ Corporate: \$100

___ Sponsor: \$200

Mail To:

Membership

Friends of Lynn & Nahant Beach

P.O. Box 2264

Lynn, MA 01903

I am already a member. Please accept my gift of \$_____.