



With the Tide



Photo Credit: Perry Wechsler

Summer Is Coming!

The Friends are getting ready for another successful year- our 36th year as an all volunteer organization working to promote the wise use and preservation of our waterfront from Lynn Beach Reservation to Nahant Beach Reservation through education, entertainment, and environmental programs.

Mayor Nicholson was the speaker at our first meeting of the year on April 8th discussing the ongoing plans to improve the water quality at King's Beach.

On June 6th, over 80 volunteers joined us at Red Rock Park for a beach cleanup. Volunteers received a free Friends T-shirt and refreshments. Mass Pick Up donated \$2,000 towards the cost of the cleanup. DCR supplied the cleanup materials and removed bags of trash.

The Red Rock Park Summer Concert Series begin on July 3rd with the Dirty Floorboards performing from 7-9 p.m. followed by the Lynn Fireworks at 9:15 p.m. drawing thousands to Lynn Beach. The Friends received a \$3,500 grant from Save the Harbor Save the Bay and a \$2,000 grant from Lynn Cultural Council to help pay for the concert series.

DCR local staff continue to make improvements to the reservations. The Ward Bathhouse is getting a new sign, refurbished floors, and upgraded landscaping and flowers. A request has been made to have the fence at the Tot Lot adjacent to the Bathhouse replaced. Additional flower plantings will be installed along Lynn Shore Reservation. The light poles along Lynn Shore Reservation have received a fresh coat of paint; the Red Rock Park Welcome Sign and some of the seawall railings will be repainted this year.

Thank you for your continued support of the Friends. Without our members, none of this work would be possible.

Bob Tucker
President FLNB

Mayor Jared Nicholson Speaks at Friends April Meeting

Lynn Mayor Jared Nicholson was the guest speaker at the Friends April meeting. Approximately 30 people attended the virtual meeting, including City Council President Coco Alinsug, Councilor Natasha Megie-Maddrey, and Save the Harbor/Save the Bay Executive Director Chris Mancini. Mayor Nicholson has been an important supporter of the Friends over the years. He spoke on the ongoing efforts to clean Kings Beach. He touted the success of the pilot IV program last year that helped increase the frequency of the beach meeting state beach standards.

This coming beach season, the UV system will not be back, but the City of Lynn and the Town of Swampscott will be taking additional actions. These include sediment testing, independent culvert testing, flow-level monitoring, and wet-weather testing. Illicit Discharge Detection and Elimination (IDDE) work will continue. The Lynn Water and Sewer Commission is finishing its current round of comprehensive system inspections.

June Cleanup

On June 6th, the Friends held their Spring cleanup. Co-sponsors included Mass Pick Up and DCR. Over 80 individuals volunteered up to two hours to pickup litter, pull invasive plants, and engage with members of the public who stopped by. We were happy to have Councilor Natasha Megie-Maddrey join us too!

In addition to the cleanup, there was a separate but related event held to celebrate World Oceans Day. Lynn Lab, an organization to support science in the classroom, joined with DCR and others (including the Friends, Save Kings Beach, and Northeastern University's Marine Science Center) to conduct a shoreline bioblitz and display educational items (shells, marine organisms) for the public. Vendors also provided food and drink. The weather was amazing and it was great to be among Friends and its supporters!





Concert
Updates:



2026 RED ROCK PARK SUMMER ENTERTAINMENT SCHEDULE

July 3*: The Dirty Floorboards @FOLNB:

July 9: The B-Side Hustle



July 16: White Lightnin'

July 23: Richie Rich & 24Karat Funk

July 30: Shuffle Mode

Aug 6: The Bandwagon

Aug 13: The Dirty Floorboards



Aug 21: **Movie Night: Lilo & Stitch**

All concerts are from 6:00 pm to 8:00pm

* July 3rd concert is 7:00pm to 9:00pm *

** Aug 21st movie starts at 8:00pm **

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Nature Notes by T.J. Cullinane



An endangered Piping Plover photographed by T.J. on Harborside Beach in April 2026

Dear Friends,

I was thirty-five years old before I saw my first Osprey. It wasn't for a lack of effort, there just weren't any to be found. Thus, it is unbelievably gratifying to know that a pair of these beautiful raptors has been nesting on the first hazard marker in Lynn Harbor for as many as three years in a row. In more good news, the globally endangered and threatened Piping Plover is making its presence known locally, with two birds being spotted on Harborside Beach in May. With all the environmental gloom and doom out there, it's great to know that the efforts of the Friends and their state and local partners to improve our natural spaces are producing tangible results. Jane Cahill and I have been sharing the good news with students at Brickett Elementary School during our field trips and would like to thank all of our members for their wonderful support. Together we are making a difference! Have a great summer. We'll see you on the beach!



A once rare Osprey soars high overhead at the 2025 Brickett Elementary School field trip.



Friends Attend Annual Massachusetts Marine Educators



Outreach Coordinator T.J. Cullinane and longtime FOLNB members Douglas and Duncan Maitland attended the 50th Annual Conference of the Massachusetts Marine Educators at the Woods Hole Oceanographic Institute (WHOI) in May. The keynote speakers included Dr. Zak Swartz of the Marine Biological Laboratory who spoke on Sea Star development and Bruce Strickrott, manager and lead pilot of WHOI's famous deep-sea submersible, Alvin.

Brickett Elementary School Visit



Brickett Elementary School Fourth Graders assemble at Red Rock Park for their annual field trip led by FOLNB Treasurer Jane Cahill and Outreach Coordinator T.J. Cullinane. The students heard talks on the history and nature of Red Rock and Egg Rock before taking part in some games including sack races, soccer and the art of frisbee throwing. The third and fifth grades attended as well.

Brickett Elementary School PTO President Amy Butterworth (shown in right photo) played a key role in coordinating the annual field trip with both the Friends and school officials.

Friends of Lynn & Nahant Beach
P.O. Box 2264
Lynn, MA 01903

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_____ Yes, I would like to join or renew my membership in the Friends of Lynn & Nahant Beach.

Membership entitles you to:

- An invitation to programs and events
- Periodic updates on our progress and the condition of the Beaches
- The satisfaction of knowing that you are acting locally to impact the environment in a positive way.

Name: _____

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Membership

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